

Composting and Recycling Worksheet

Do Compost	Do Not Compost		
Leaves, grass, weeds, small garden clippings, pine needles, wood ash, bark, nutshells, fruit and vegetable scraps (peels, skins, or seeds), coffee grounds (including the paper filter), tea bags, sawdust, newspaper, paper towels, napkins	Meat, fish, bones, dairy products, vegetable oils, fats, human or pet waste, charcoal ash, plastic food packaging and glass containers		

Do Recycle	Do Not Recycle		
Newspapers, office paper, magazines, cardboard boxes, glass bottles and jars, plastic bottles, aluminum cans, milk and juice cartons	Plastic food packaging, paper contaminated by food (e.g., pizza boxes and paper plates), Styrofoam containers, cereal bags, food scraps, clothing		

What was thrown away after dinner? Write each item in the table below. Then put a checkmark in the "Compost," "Recycle," or "Throw Away" column, as appropriate.

Item	Compost	Recycle	Throw Away